

Cathedral High School Social Studies Department

Note-Taking Skills

The Cornell Method of Note-Taking

The Social Studies Department at Cathedral High School is dedicated to helping students improve their note-taking ability. Teachers at Cathedral High School spend much time teaching students how to take notes and ultimately use them for studying. The Cornell Method of Note-Taking was developed by Cornell University Professors to give college students a way to remember more of what they write down and to have something to study. Many teachers use this method in class and during the writing of the research paper.

The Cornell Note-Taking Method is a six-step process. If done correctly it will improve your grades in any class. Guaranteed! Below are listed the steps with a sample on the back. We hope you will find this information helpful in the second-half of your 8th grade year.

Before you begin you will need to make new margins on your page. See the back of this sheet for a sample. Write the title of the lecture, chapter or topic in Section 1 (see reverse)

- Step One: Take Notes in section two (see reverse)
Write down the main points. Use abbreviations to help you write quickly. Listen for verbal clues from your teacher (Teachers may repeat things, exaggerate things, or write things on the board. This is important, write it down)
- Step Two: Make study questions in Section 3 (see reverse)
These questions will help you study for your exam
- Step Three: Recite your notes out loud. When you read the notes aloud, you use more senses and will remember more of the material.
- Step Four: Reflect on the material and try to make connections to events in other chapters or in your life.
- Step Five: Write a brief summary in Section 4 (see reverse)
Write a 1-2 line summary of the main idea of each page of notes
- Step Six: Review your notes nightly. Don't wait until the day before the test. This repetition will help you remember more.

Title

Date

(Section 1)

(Section 3)

Notes

Write
Questions
Here

(Section 2)

(Section 4)