

The image shows the cover of a spiral-bound notebook. The cover is a light beige or tan color with a fine, woven fabric texture. On the left side, there is a silver metal spiral binding. The text is centered on the cover in a black, serif font.

Cathedral High School Department of
Guidance and Counseling

College Checkup

Test Scores, Exam Prep,
and College Search

Prayer

Leader: Let us remember

All: That we are in the Holy Presence of God

Heavenly Father, you have called us to be parents and the primary educators of our children. Knowing how busy our lives are, You have given us teachers to assist in revealing your truth to them. Help us, parents and teachers, to remain faithful to this task. Provide us the patience and wisdom needed to work together for the good of Your children. We ask this through Christ, Our Lord, Amen.

Leader: St. John Baptiste De La Salle

All: Pray for us

Leader: Live Jesus in our hearts

All: Forever

The CHS Counseling Department

Mr. Catlin
Senior Academic Advisor
College Counselor
Counseling Dept. Chair



Mrs. Martinez
Freshman Academic Advisor
Sophomore Academic Advisor



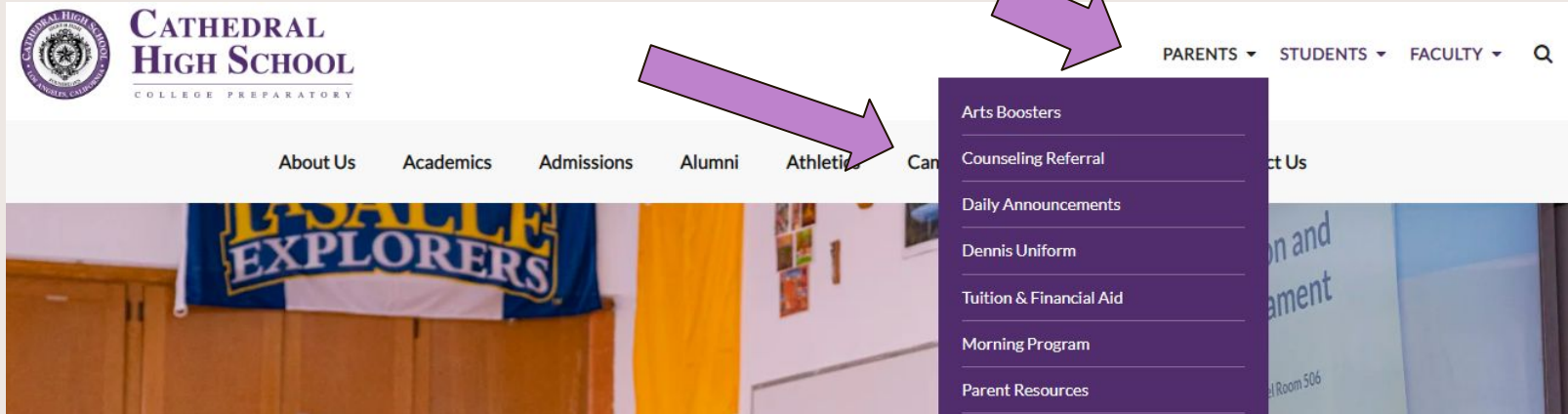
Mr. Ryan
Junior Academic Advisor



Mrs. Lopez
Math and Science Academic Director



Need To See A Counselor?



[Counseling](#) » [CHS Counseling Referrals \(Want to see a counselor?\)](#)

CHS Counseling Referrals (Want to see a counselor?)

Do you want to meet with your counselor? Are you a parent and would like a counselor to meet with your son? The Cathedral High School Department of Guidance and Counseling is here to help with both personal and academic counseling. Our grade level counselors and Counseling Partners of Los Angeles Counselors are available to meet with students and parents. Please use one of the links below to request a meeting with a counselor or to refer your son or student. Meetings may be arranged in person (academic counselors only) or via Zoom (academic and personal counselors).

[Student Self-Referral \(I want to see a counselor\);](#)

[Parent Referral \(I would like my son to see a counselor\);](#)

[Teacher Referral \(I would like a student to see a counselor\);](#)

[Counseling Home](#)

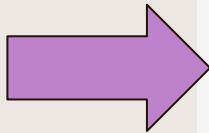
[CHS Counseling Referrals \(Want to see a counselor?\)](#)

[FRESHMAN Academic Counseling](#)

[SOPHOMORE Academic Counseling](#)

[JUNIOR Academic Counseling](#)

[Math and Science Academy Counseling](#)



Four-Year College Program

- **Know college options**
- **Study for standardized tests**
- **Search for college and scholarships**
- **Get ready for applications**

Welcome

Although College may seem like a long time from now, the years will turn into months and weeks very quickly.

“The more you do now,
the more choices you have later”

Goals For Sophomore and Junior Year

- Grades
 - Get good grades
 - **Clean up Transcript**
 - **No D's or F's**
- Extracurricular
 - Get involved
 - (Might not be too easy these days. Look for opportunities)
- Standardized tests
 - **Study and prepare**
 - **PSAT, SAT, ACT**
- **Research Colleges** and funding option

Academics

- Grades Matter
 - Going forward it may be the only things schools consider
- Check powerschool often
 - Need passwords?
 - Email Mr. Ryan (rryan@chsla.org) 11th Grade
 - Email Mrs. Martinez (lmartinez@chsla.org) 10 Grade
- Check in with your son
- Email Teachers
- **Tutoring is available**
 - **Take advantage of After School**
 - **(especially Wednesday!)**

A spiral notebook binding is visible on the left side of the page, consisting of a series of metal loops. The page is light gray and has a horizontal purple line across it.

College

Test Scores

Standardized Tests

- Used for College Admissions
- Used for Scholarships

- PSAT Junior Year
- **SAT I End of your Junior Year** (Optional/Strongly Encouraged)
- **ACT End of Junior Year** (Optional/Strongly Encouraged)

PSAT

All Sophomores took the PSAT on Oct 11

All Juniors took the PSAT on Oct 18

Scores are now available for both
Sophomores and Juniors

Results

Understanding the PSAT Score Report

The screenshot shows a website page with a navigation bar at the top containing links for Academics, Admissions, Alumni, Athletics, Campus Life, Development, Contact Us, and About Us. A purple arrow points to the Academics link. Below the navigation bar is a breadcrumb trail: HOME > ACADEMICS > COLLEGE COUNSELING > WHAT A PARENT NEEDS TO KNOW ABOUT COLLEGE. The main heading is 'What a Parent Needs to Know About College'. The text explains that the page is for parents of high school students and provides information on the school's college counseling program. It includes a section for 'What a Parent Needs To Know About College Presentations' with two columns: 'Video Presentation' and 'Presentations (Text Only)'. The 'Video Presentation' column lists 'Sophomore-Junior College Parent Night (11/17/23)' and 'Understanding the PSAT Results (2023)'. The 'Presentations (Text Only)' column lists 'What a Parent Needs to Know About College (Complete)', 'Sophomore-Junior College Parent Night (11/17/23)', and 'Understanding the PSAT Results (2023)'. Below the 'Understanding the PSAT Results (2023)' link, there is a numbered list: '1. Meet the Counseling Department' and '2. Four Year College Counseling Program'. A purple arrow points to the '2. Four Year College Counseling Program' link. On the right side of the page, there is a sidebar menu with various program links, including '1:1 iPad Program', 'Advanced Placement Program', 'Counseling', 'College Counseling', 'Scholarships', 'Summer Enrichment', 'College Entrance Exams', 'College Counseling Presentations', 'College Fairs', 'Sophomore and Junior Parent College Planning Night', 'What a Parent Needs to Know About College', 'Curriculum', 'Departments', 'Integral Student Outcomes - ISO's', 'Library', 'Math and Science Academy', and 'Morning Program'. A purple arrow points to the 'What a Parent Needs to Know About College' link in the sidebar.

Academics Admissions Alumni Athletics Campus Life Development Contact Us About Us

HOME > ACADEMICS > COLLEGE COUNSELING > WHAT A PARENT NEEDS TO KNOW ABOUT COLLEGE

What a Parent Needs to Know About College

Are you the parent of a high school students and want to know how to help your son get into college? Then you've come to the right place.

Navigating high school and college admissions may seem like a daunting task. Maybe it's been a while since you were in a classroom and applying to college. Maybe your son will be the first in his family to go to college. In either case, the Cathedral High School Counseling Department is here to help.

Below you will find information on the Cathedral High School College Counseling program. Hopefully, you will find the answers to many of your questions, and maybe even a few you didn't know to ask. If you ever need to contact a grade level counselor or the college counselor, please email them directly, or use the [counselor referral form](#).

What a Parent Needs To Know About College Presentations

Below you will find a comprehensive presentation on What a Parent Needs to Know About College. This presentation will cover what high school students should be doing now to get ready to apply and be admitted to college. In addition, each point from the comprehensive presentation is posted separately allowing parents to view the topics in smaller pieces for their convenience.

Video Presentation	Presentations (Text Only)
Sophomore-Junior College Parent Night (11/17/23)	What a Parent Needs to Know About College (Complete)
Understanding the PSAT Results (2023)	Sophomore-Junior College Parent Night (11/17/23)
	Understanding the PSAT Results (2023)
	1. Meet the Counseling Department
	2. Four Year College Counseling Program

1:1 iPad Program

Advanced Placement Program

Counseling

[College Counseling](#)

Scholarships

Summer Enrichment

College Entrance Exams

College Counseling Presentations

College Fairs

Sophomore and Junior Parent College Planning Night

[What a Parent Needs to Know About College](#)

Curriculum

Departments

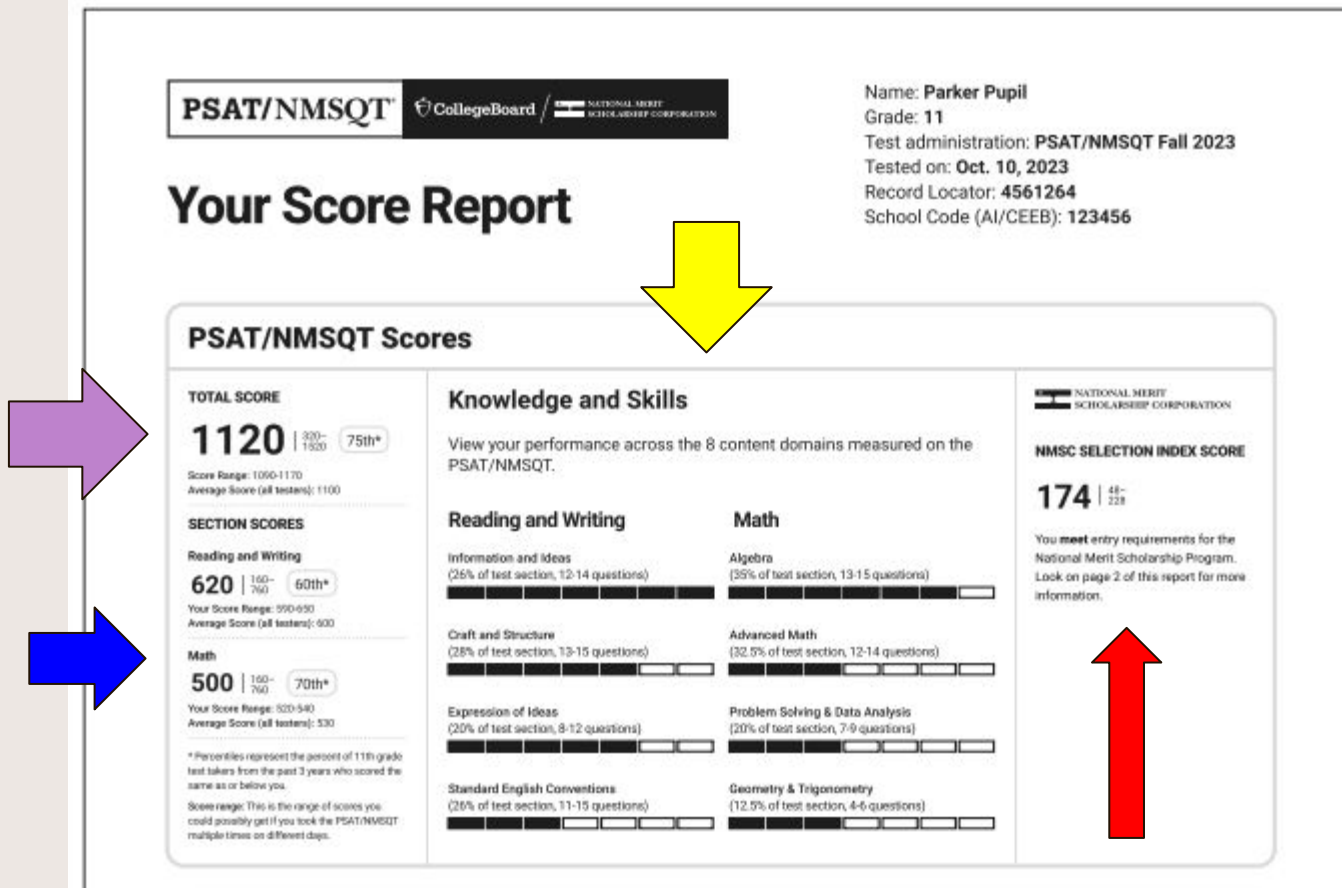
Integral Student Outcomes - ISO's

Library

Math and Science Academy

Morning Program

Understanding Score Reports



Benchmarks

What is a good score?

	Reading and Writing	Math
10th Grade	430	480
11th Grade	460	510

Standardized Tests: Next Steps

Use the PSAT results to start preparing for the SAT

The SAT is a college entrance exam used as a required or optional assessment for college admissions at MOST Four-year schools.

CHS recommends that student take the SAT

Study for SAT's

- **Khan Academy from PSAT**
- Use links from your online or paper score report

**Build your future,
your way with free
personalized tools**

- Career quiz, 1,000 career profiles, and career recommendations based on your interests
- Profiles of 4,000+ colleges in the U.S. and worldwide
- \$4 billion in scholarship opportunities
- Key SAT skills practice on Khan Academy



satsuite.org/whatsnext

Collegeboard.com

- Invaluable Tool for College Admissions
- Register to use this free service
- **Use to register for tests (SAT I)**
- **Search for Colleges and Scholarships**
- **Practice for the SAT and AP Exams**

Register for Standardized Tests

SAT I required by all four year schools
(May be Optional)
Math , Verbal, Writing

- SAT I May 4, 2024 Register by April 23, 2024
- ACT may be taken instead of, or in addition to the SAT I
 - ACT June 8, 2024 Register May 17, 2024

SAT v ACT

Both are accepted by MOST schools

SAT Readings mostly History/Government

ACT Readings mostly Science

Math: Similar

College Search

Public (UC, CSU) v Private (Pepperdine, USC)

UC (UCLA, Top 10% min 3.0 GPA)

CSU (CSLA, Northridge, Top 40%, 2.0 min GPA)

CC (ELAC, PCC All Are Welcome!)

College Search

Naviance and College Board

Search for schools by:

Avg GPA of accepted students

Major

Location, Size, Student population

Special Programs

Naviance

Login to Naviance

Link on Google Classroom

See Classwork: From My Grade Level Counselor

Use login

username: chsphantoms.org email

password: use forgot my password or email Mr. Ryan

Naviance

From Grade Level Counselor



Naviance Login Link

Posted 9:24 AM

Use the link below to login to Naviance. See your counselor if you have trouble logging in.



Naviance Student


<https://student.naviance.com/c>


[View material](#)


Naviance


Choose Student




 Welcome to Naviance Student.

 **Please choose your user type.**
This allows Naviance to help you log in the way your school and district prefers.

 Student

 Parent or Guardian

 Alumni

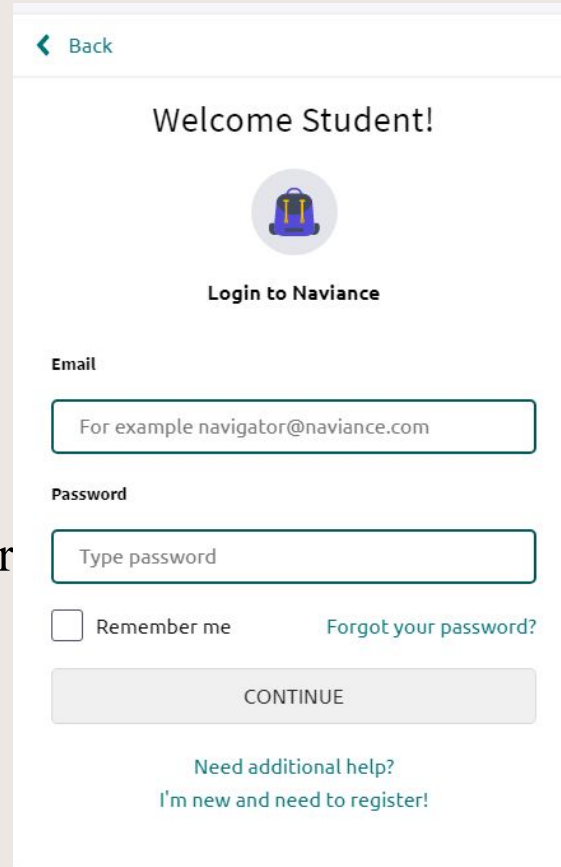
[I'm new and need to register!](#)

Need Username (ID Number) and Passwords? Email Mr. Ryan

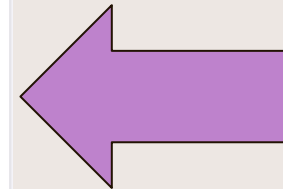
Naviance

Enter school email

Use password provided or
us Forgot my password



The screenshot shows the Naviance login interface. At the top left is a back arrow and the text 'Back'. Below that is the heading 'Welcome Student!' followed by a blue bell icon. Underneath the icon is the text 'Login to Naviance'. There are two input fields: 'Email' with a placeholder 'For example navigator@naviance.com' and 'Password' with a placeholder 'Type password'. Below the password field is a checkbox labeled 'Remember me' and a link 'Forgot your password?'. A grey 'CONTINUE' button is positioned below the input fields. At the bottom, there are two links: 'Need additional help?' and 'I'm new and need to register!'.



SEE MR. RYAN IF THIS DOES NOT WORK

Naviance



SuperMatch College Search

About SuperMatch ?

- Choose Fit Criteria
- Location
- Academics
- Admission
- Student Life
- Diversity
- Institution Characteristics
- Cost
- Athletics
- Resources

Your Fit Criteria

Saved Searches Choose one ▼

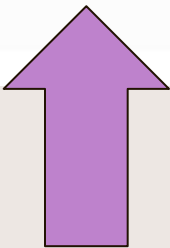
Save Search

Start Over

0 selected criteria

Select Criteria To Start

To refine your results, use the arrows to move your criteria into the "Must Have" and "Nice to Have" boxes.



Must Have

A *Must Have* is anything you absolutely need to be happy and successful.

Nice to Have

A *Nice to Have* is anything that's important to you, but isn't an absolute must have.

Goal

Find 8 schools

Two dream schools (maybe privates or UCs)

Two stretches (Maybe UCs or CSUs)

Two sure bets (Maybe CSUs like CSLA)

Two community colleges (You never know)

Review

Today:

**Access and Review
PSAT Results**

Nov-May

**Use the
Khan Academy
resources to study for
the SAT**

Register for SAT

Search for Colleges